

Appendix B - Completed Actions and Actions Proposed for Deletion

Health and Wellbeing Strategy Delivery Plan 2022-2025													
Objective	Action	New 24/25	Owned by	Contact	Timescale	Indicator	Target	2024/25				RAG Status	Commentary
								Q1	Q2	Q3	Q4		
Priority 1 - Reduce the differences in health between different groups of people													
1.3: Take a Health in All Policies approach	1.3.3: Identify a current opportunity for a multi-team HiAP pilot project within the Council that can be used as a showcase piece in further staff education.		Health Inequalities Task Force	Elisabeth Gowens	Dec-23	Opportunity identified Project plan put together and approved Commissioning process complete Service delivered Follow-up data collected and analysed Final report on both service and the broader HiAP process	Dec-23					C	This action is complete and the final report is available on request.
1.6: Ensure services and support are accessible to those most in need through effective signposting, targeted health education, promoting digital inclusion and in particular addressing sensory and communication	1.6.1: Increase awareness and uptake of council support services for those most in need e.g. winter grant (placeholder)		Health Inequalities Task Force	Catherine Greaves	ongoing	Services that are commissioned around council support from Autumn 2022 have a service specification with a clear health inequalities focus and a proportionate universalism approach.	100%					R	It is recommended that the action in its current form be deleted, but given the importance of the issue, it should be revisited when we come to review the Delivery Plan in the New Year, taking a steer from the Director of Public Health in relation to Health in All Policies. Updated October 2024
	1.6.2: Develop Digital Inclusion Champions (specific actions around recruitment and numbers in place)		Mental Health Action Group	Adrian Barker		Number of champions in West Berkshire, Geographical areas covered, communities of interest	Top 5 most deprived wards covered					R	Work ongoing around digital literacy related to use of NHS app but this is not part of MHAG's current role. They are happy to support this and recommend speaking to Oxfordshire who are leading some positive work on this. August 2023: Met with Catherine Mustill and Martha Fischer to talk through their digital inclusion project. Their focus was to increase access to the NHS App. Suggest this action is reassigned as it is beyond the scope of MHAG. Alternatively the objective could be revised to promote co-ordination between the groups working on this, implemented by MHAG with HITF. October 2023: Discussed at MHAG meeting. Cllrs Stewart and Lewis were keen to identify external funding for a project in this area. March 2024: MHAG is reviewing what it has the capacity to offer. A first step may be to bring together bodies operating in the area of digital inclusion to share knowledge and learning and consider if there are any ways they could work more productively together. June 2024: Discussions are continuing to try and bring together those working in this area to see how they could support each other. August 2024: MHAG has not been able to find a way in which it could add value to existing work promoting digital inclusion. It does not have capacity to deliver the action and is not the appropriate group to take this forward. MHAG would be happy to work with others, inputting the mental health perspective. October 2024: It is recommended that the action in its current form be deleted, but given the importance of the issue, it would be worth exploring if there is a way to address this when the Delivery Plan is refreshed - it would need cross-service working and maybe allocation of time for someone to convene/lead the work.

Priority 2 - Support individuals at high risk of bad health outcomes to live healthy lives														
2.1: Raise awareness and understanding of dementia and ensure support for people who have dementia is accessible and in place for them and their unpaid carers	2.1.2: Support the increase of Memory Café provision across West Berkshire		Ageing Well Task Group	Sue Butterworth	Mar-24	Set up and facilitate running of two new memory cafes in West Berkshire, with the objective that this becomes embedded and run in the Community in 2023/24.	Two new memory cafes opened and embedded					C	DFWB is a commissioned service funded by PH&WB. Contract extended until 2025. Completed: Hungerford (monthly) and Theale (Weekly) Cafes are now successfully open with good attendance Updated August 2024	
	2.1.4: Induction training on Dementia to be undertaken for all Adult Social Care Staff: Event to be held with existing staff to raise awareness. Will be recorded as a webinar for future new staff		Ageing Well Task Group	Sue Butterworth / Hannah Cole	Mar-24	One Big Dementia Conversation held with existing Adult Social Care staff. Webinar to be incorporated into induction training for new staff	As a result of attendance at one Big Dementia Conversation staff are supported and have increased awareness and understanding of the impact of dementia and how their role can support families in West Berkshire						R	The decision was reluctantly taken to postpone. As this event included input and hosting with external partners, the very low confirmed attendance meant it was not viable to run. The timing of the CQC assessment may have impacted numbers. We intend to revisit this again to find out whether there is appetite among adult social care staff for this or whether this can be delivered in another way. We also discussed whether it could be extended to the whole council not just adult social care staff. No Change - Updated August 2024 There does not seem to be demand for this at present. It is suggested that this be removed. We can revisit this at any time if demand changes. Updated November 2024
2.6: Improve the mental and physical health of rough sleepers and those who are homeless through improved access to local services	2.6.3: Adoption of the Serious Case Review Protocol		Homelessness Strategy Group	Nick Caprara	Mar-22	Adoption of protocol	N/A						C	Completed: This was completed in 2022 & has been in use operationally since this time.
2.7: Prevent, promote awareness and provide support to those who have experienced domestic abuse	2.7.1: Continue to implement the action plan from the Local Domestic Abuse Strategy 2020-2023 to meet identified aims		West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	Refresh due in 2023	Action plan	Action plan fulfilled by 2023						C	Completed: New Strategy progressing through Exec cycle.
	2.7.2: Implement the new Domestic Abuse Safe Accommodation Strategy 2021 – 23 and accompanying action plan		West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	To be combined with full DA Strategy as part of refresh in 2023	Needs identified being met through action plan	Action plan fulfilled by 2023						C	Completed: New five year Strategy has been signed off by Domestic Abuse Board and was subject to a six week public consultation between 5 April - 19 May. It is due to be signed off by Executive on 19 September 2024. Updated August 2024
	2.7.3: Local needs assessment: need and demand for accommodation based support for all victims		West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	Every 3 years (next due 2023)	Complete needs assessment by Dec 23	N/A							C
2.9: Increase the visibility and signpost of existing services and improve access to services for people at higher risk of bad health outcomes	2.9.3: Re-development of the Health and Wellbeing Board engagement group		HWB engagement group	TBC		HWEG re-established and ToR agreed	Nov-23						C	Removed: A draft Terms of Reference was prepared, which was discussed at the HWB Steering Group on 15 September 2023. There were concerns about resourcing the group, who will chair it, and how it would be sustainable in the longer term. It was agreed that coordination of comms could be achieved without the need for a formal sub-group. Sally Moore has been invited to attend Steering Group and is meeting regularly with the LA comms teams. Nothing further is planned for this action. Updated May 2024.
Priority 3 - Help families and children in early years														
3.2: Ensure families and parents have access to right and timely information and support for early years health. Working with midwifery, Family hubs, healthy visiting and school nursing	3.2.1 Map parenting provision in West Berkshire identifying any gaps in provision		Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Aug-23	Parenting provision (groups, classes, one to one, online) is identified across West Berkshire, with any gaps in provision being identified	To identify parenting provision across different sectors and locations						C	Complete: Have identified the gaps and working on parenting provision to address the gaps. Updated August 2024
	3.2.2 Update the West Berkshire Directory with Parenting information to ensure professionals and parents can access courses		Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Dec-23	Parenting information is available and accessible through the West Berkshire Directory	To make information available to parents and professionals, easing access to such provision							C

	3.2.3 Create parenting information on West Berkshire Council website that enables parents to identify the most suitable type of parenting support available to them linking back to the WB Directory		Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Mar-24	Parents can identify through age range/stage, specialist need or location the most appropriate course/support to meet their parenting need	Parenting provision is easier to identify and locate by parents and professionals					C	Completed: The Website has been updated and additional information added making the navigation or searches more user friendly. Updated August 2024
	3.2.5 Work with the wider partnership to address any gaps in parenting provision identified		Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Mar-25	Gaps identified in parenting provision are addressed through the creation or commissioning of provision to meet identified needs	Gaps in parenting provision are met					C	Completed: Provision has been reviewed and gaps in provision identified. Facilitator training for professionals has taken place in Nov 2023 & Feb 2024 with 22 Primary Schools across West Berkshire being trained. Further training is available for SEN once the universal provision has been successfully reviewed. Updated August 2024
3.3 The Early Help system in West Berkshire is designed to meet the needs of children and families who need early help support	3.3.1 Undertake a self-assessment of Early Help in West Berkshire to identify strengths and areas for development		Childrens Early Help and Prevention Partnership	Stacey Clay - Supporting Families	Jul-23	Early Help System Guide is completed covering Leadership, Data, Workforce, Communities and Family Voice	Strengths and areas for development are identified in the our Early Help System					C	Completed: This was completed by the deadline of 30th June 2023 and submitted to Department for Levelling Up, Housing and Communities.
3.3 The Early Help system in West Berkshire is designed to meet the needs of children and families who need early help support	3.3.2 Create, test, pilot and evaluate an Early Help digital referral form that can be used across the partnership		Childrens Early Help and Prevention Partnership	Steph Coomber - Early Response Hub	Oct-23	Partners in community settings have confidence in identifying and referring children and families who need Early Help support	Early Help referral form is created and embedded in practice.					C	The Early Response Hub digital form is live and in use. There has been a recent update enabling referrers to save a draft and come back to the form. Action Complete. Updated November 2024
	3.3.5 Develop a Family First assessment that assesses and intervenes with families who require more enhanced early help support		Childrens Early Help and Prevention Partnership	Karen Atalla - CAAS and Steph Coomber	Aug-23	Families presenting with multiple needs are diverted from statutory intervention through a Family First Assessment to have their needs met in the Earlier Help space	Families receive the right support at the right time from the right people					C	CAAS and ERH have and continue to develop their offer, the right support at the right time from the right people has been the vision that ERH was built upon, and the offer from ERH has grown significantly and continues to develop. In response to the Care Review and the national Framework we developed a practice framework that can be used to enhance our offer and is a way of working that ensures that children and families are enabled to bring their own solutions and supported to do so. The success of this model of working is significant. The data clearly evidences the following: reduction in children being progressed for longer term statutory intervention. The majority of new Child in Need referrals will now be worked with the Contact Advice and Assessment Service and ERH. The Family Help and Achievement Practice Model has been enhanced and practices embedded and its success is tangible. Family First Assessments are being utilised widely across CAAS and ERH, and the 'spectrum of Need' developed as part of the model enables and facilitates movement across the Threshold. Action Completed - this is now BAU Updated October 2024.

Priority 4 - Promote good mental health and wellbeing for all children and young people

Priority 5 - Promote good mental health and wellbeing for all adults

5.1:Tackle the social factors that create risks to mental health and wellbeing, including social isolation and loneliness	5.1.3: Work with the Homelessness Strategy Group to understand gaps and/links to poor mental health and wellbeing (e.g. reason for eviction)		Homelessness Strategy Group	Nick Caprara	Jun-22	Gaps identified in service provision % of homeless people reporting being supported with their mental health (place holder)	As per Homeless Strategy Group KPI's					R	All RSI cases suffer from MH issues to some degree. Indicator requires review & refining at HSG to aid future bid rounds. Dual diagnosis funding reduced by 50% in 2023/24. £0 for 2024/25 post. It is proposed to drop this for 2024/25, but to review it once we know what the funding provision will cover for 2025/26 onwards. Updated November 2024
5.2: Work with local communities, voluntary sectors and diverse groups to rebuild mental resilience and tackle stigma	5.2.4: Run regular service users engagement events to ensure the continuous improvements of local services e.g. Thinking Together		Mental Health Action Group	Adrian Barker	Mar-23	Number of Thinking Together events held Number of service users attending events % service users and % professionals in attendance	As per service specification/ funding agreement					C	March 2024: since Healthwatch do not have the necessary resources to run these events, it has been decided to establish a Mental Health Forum. This will involve the same range of stakeholders as 'Thinking Together' events, in smaller numbers, but meeting more frequently. The new forum is being set up in a co-produced way, between professionals and service users. June 2024: we are continuing to meet with service users and others to co-design a Mental Health Forum, to ensure the service user voice is heard. August 2024: as a result of a series of co-production meetings, the first meeting of the Mental Health Forum is due to take place on 14th October. October 2024: we have had the first meeting of the Mental Health Forum, which went very well. We hope to maintain the momentum with it, and use it as a focus for gathering other service user input.

5.3: Recognise the importance of social connection, green spaces and different cultural contexts for mental wellbeing. Increase social prescribing by promoting access and signpost to activities that promote wellbeing	5.3.2. Support the creation of activities and initiatives that enable people to connect with nature and greenspace to improve their wellbeing		Ageing Well Task Group	Sue Butterworth		Work in partnership to develop a supported volunteer programme with residents with a learning disability, which addresses the identified need for gardening help for ageing or vulnerable residents in West Berkshire	Gardening help for elderly and vulnerable residents					R	A feasibility review of these actions has been undertaken and it was agreed that there was currently no budget or staff capacity to take these forward Request to remove Updated August 2024	
	5.3.3. Support the creation of activities and initiatives that enable people to connect with nature and greenspace to improve their wellbeing		Ageing Well Task Group	Sue Butterworth		Work in partnership to develop a supported volunteer programme with residents with a learning disability, which addresses the identified need for gardening help for ageing or vulnerable residents in West Berkshire	Support and encouragement for people with learning disability to acquire new skills and confidence which could help them into paid employment					R	Duplication of 5.3.2 above	
	5.3.4 Using a co-production approach where possible - develop and deliver nature for health activities to reduce social isolation and loneliness and support communities		Ageing Well Task Group	Sue Butterworth		Using a co-production approach develop and deliver nature for health activities to on an intergerne	Deliver a nature for health project to an intergenerational audience						C	Completed - Intergenerational gardening project set up working with residents of Newbury Grange care home and children from Fir Tree School. This is now operational and proving popular and successful.
	5.4.5: Monitor and support the implementation and development of the new Mental Health Integrated Community Service in West Berkshire		Mental Health Action Group	Adrian Barker	Mar-24	Regular reports/updates to MHAG from BHFT	TBC						C	October 2023: Some MHAG members attended the MICHS Stakeholder event on Tuesday 10th October. We received an update on implementation of the new service in West Berkshire. Berkshire Healthcare Foundation Trust have plans to set up a Steering Group to oversee the implementation in West Berkshire. March 2024: A number of members of the MHAG have been actively contributing to the MHICS (Mental Health Integrated Community Service) Steering Group since its establishment in November 2023. The service had a soft launch at the end of January 2024. It is developing in a phased approach, gradually increasing where it is taking referrals from and building up to its full complement of staff. June 2024: This Berkshire Healthcare Foundation Trust service has been recruiting more staff and is now properly up and running. MHAG actively supported a workshop to look at how this could be made a truly integrated service. August 2024: MHAG has offered support in taking forward actions from the workshop on integration. October 2024: Action agreed is complete. While there are still challenges in ensuring the service is properly integrated, we have done as much as we can for now. There is still important work to do on the ICB proposals on integrated neighbourhood teams, but that is much wider than mental health.

<p>5.6: Improve access to support for mental health crises and develop alternative models which offer sustainable solutions, such as peer mentoring or trauma-based approaches.</p>	<p>5.6.3 Raise awareness of the issue of suicide, its causes and sources of help to those affected by either feeling suicidal or bereaved as a result of suicide.</p>		<p>West Berkshire Suicide Prevention Action Group</p>	<p>Garry Poulson</p>	<p>Apr-22</p>	<p>Number of organisations contacted</p>	<p>10 per quarter</p>					<p>C</p>	<p>Q1 2023/24: Delivered Suicide First Aid Courses in April, May and June. Attendees included Street Pastors, Healthwatch, Solicitor, Citizens Advice, Handybus, Soup Kitchen, Sport in Mind and Time 2 Talk.</p> <p>Continued to visit and leave information/email information to pubs, hairdressers, barbers, tattooists, social and sport clubs amongst others. Had useful meetings with Andrew Spaak from West Berkshire Injury Clinic who is keen to book courses for local rugby clubs.</p> <p>Our Director visited and sent information to the fire station in Theale and Swift local delivery firm, both wishing to explore possibly booking courses.</p> <p>Q2 2023/24: Suicide First Aid Courses paused during summer holiday.</p> <p>Had follow-up meeting with Andrew Spaak who is hoping to bid for courses for Hungerford and Thatcham Rugby Clubs. Also had meetings with Waterside Centre and local PCSOs.</p> <p>Contacted SOBS to find out how to set up a support group.</p> <p>Attended meeting in Theale re local mental health services.</p> <p>Continued to deliver leaflets, cards, QR codes, including to shops and businesses.</p> <p>Discussed delivering a course in East Garston</p>
---	---	--	---	----------------------	---------------	--	-----------------------	--	--	--	--	----------	---